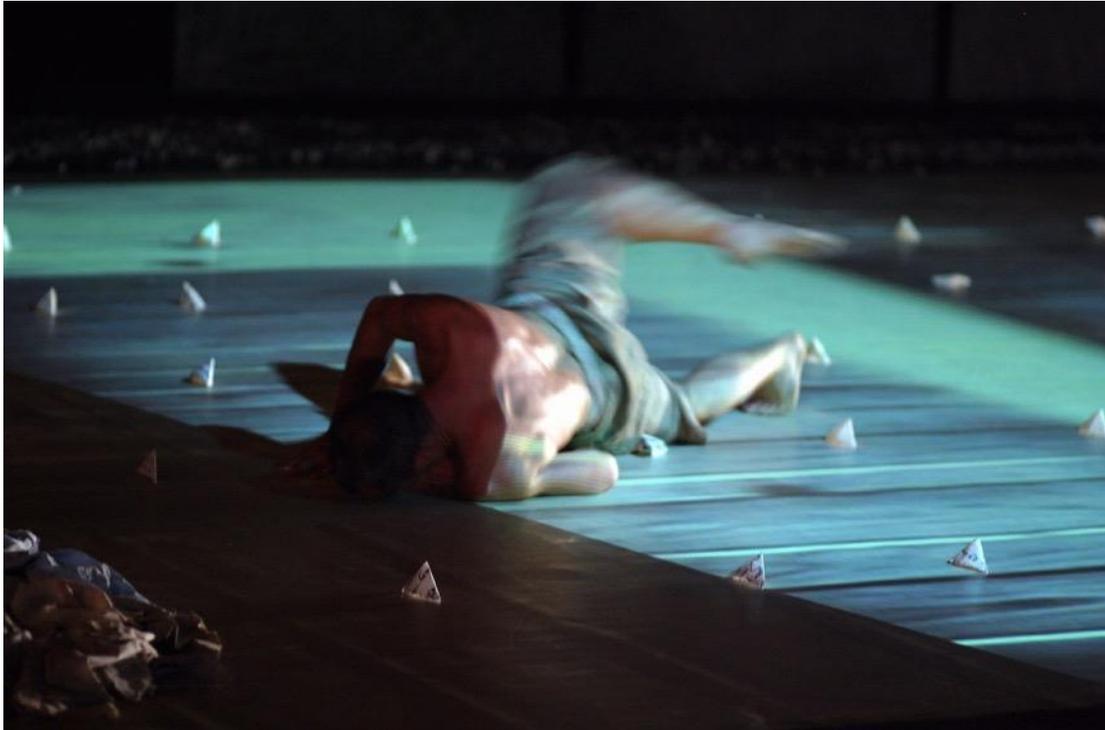


From 8 – 13 april 2019

On space and presence III

Workshop with Michel Casanovas / France & India
in Switzerland / Vallemaggia, Casa Lucciola



The sense of journey is always present in my work as well as the feeling of landscape.

During this workshop, bringing back the body in resonance with nature, as well as the inner body-mind exploration through the Feldenkrais approach, will support participants to discover a deeper dimension, where one feels at the same time more strong and more fragile, alone and unique as well as totally connected and related to the world, and from there, from this flow, the dance can happen, maybe...

date monday 8 – saturday 13 april 2019

arrival: monday 13.15 Verscio train station, walk to Dunzio (75 minutes)

departure: saturday around 14.30 Uhr from Verscio. It is likewise possible to reach Dunzio by car (note that due to practical reasons arrivals later than 18 pm are not possible).

costs earlybird until march 22 CHF 790.- later 830.-

including Michels workshop (30 working hours), food and accomodation (5 nights), maximum of 6 participants

information/registration casanovas.michel@yahoo.fr



About Michel Casanovas

His work, based on strong thematic in human being condition, reveals a sensitive and creative approach of dance through specific movement research and improvisation.

Besides his artistic work and research, Michel's interests are in teaching dance and body-mind explorations in a functional and practical way, he is a certified practitioner in Feldenkrais Method since 2008.

Since 2006, he has been regularly teaching contemporary dance and Feldenkrais in India, working with young dancers, and non-dancers, in Bangalore, Bombay, Dehli and Calcutta.

„In my work as performer, I like to explore around the sense and the quality of the presence, while moving or not. At which point can we find a true expression of ourselves in the sense of a direct and pure, not diluted transmission, in our dance but also in our daily presence in the world?“

more information about Michel [/ONA-177394012626134](tel:+919845177394)

About Casa Lucciola



Michel
Casanovas

The Casa Lucciola is a charming Rustico on a sunny plateau, situated in the middle of a superb landscape in the lower Maggia Valley. The former farmhouse and a small but beautiful moving space welcome inspired people to a variety of activities: dance, music, meditation, walking, swimming, relaxing. The house is simple but comfortable. People sleep in a 4 bed room and prepare the meals together in order to keep the costs low.



Casa Lucciola from south



view from the terrace



sleeping on the gallery



working in the movement space



working in the nature





the river Maggia